



NARASARAOPETA
ENGINEERING COLLEGE
(AUTONOMOUS)

Kotappakonda Road, Yellamanda (Post), Narasaraopet – 522601, Guntur District, A.P., India.

Approved by AICTE, New Delhi & Permanently affiliated to JNTUK, Kakinada, Code: 47,

Accredited by NBA & NAAC, ISO 9001: 2015 Certified Institution

Phone: 08647-239905 Website: www.nrtec.in

Women Empowerment Cell Events 22-23

Date: 26-9-2022



 **NARASARAOPETA**
ENGINEERING COLLEGE
(AUTONOMOUS)



INTERNATIONAL DAY OF THE GIRL CHILD

11th October, 2022

“ Empowering and
Educating the Daughters
of the Nation. ”

IQAC AND WOMEN EMPOWERMENT CELL





**NEC** **NARASARAOPETA**
ENGINEERING COLLEGE
(AUTONOMOUS)

Give her Life
Invest in her education
Raise her as an equal
Love her unconditionally

INTERNATIONAL
NATIONAL
GIRL CHILD
DAY

IQAC AND WOMEN EMPOWERMENT CELL

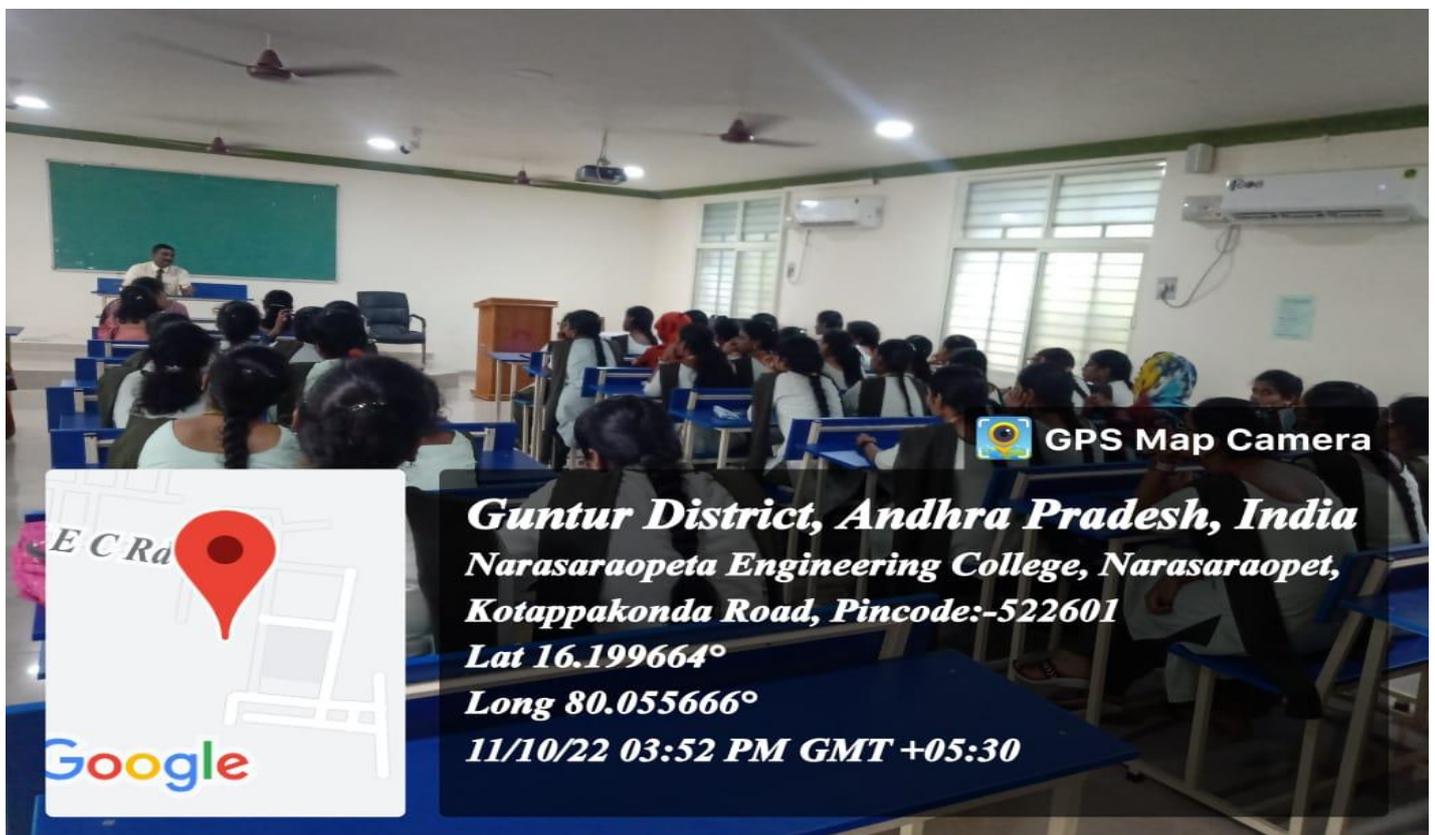
Report

On December 19, 2011, United Nations General Assembly adopted Resolution 66/170 to declare October 11 as the International Day of the Girl Child, to recognize girls' rights and the unique challenges girls face around the world.

The International Day of the Girl Child focuses attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfilment of their human rights.

Adolescent girls have the right to a safe, educated, and healthy life, not only during these critical formative years, but also as they mature into women. If effectively supported during the adolescent years, girls have the potential to change the world – both as the empowered girls of today and as tomorrow's workers, mothers, entrepreneurs, mentors, household heads, and political leaders. An investment in realising the power of adolescent girls upholds their rights today and promises a more equitable and prosperous future, one in which half of humanity is an equal partner in solving the problems of climate change, political conflict, economic growth, disease prevention, and global sustainability.

Girls are breaking boundaries and barriers posed by stereotypes and exclusion, including those directed at children with disabilities and those living in marginalized communities. As entrepreneurs, innovators and initiators of global movements, girls are creating a world that is relevant for them and future generations.



Dr.M.Sreenvasa Kumar, Principal ,NEC addressing the Women Empowerment Cell members on International Day of the Girl Child



NARASARAOPETA ENGINEERING COLLEGE (AUTONOMOUS)

Date: 27/10/2022

Women Empowerment Cell Conducted

"Taekwondo for Self Defense

The poster features a header with logos for NEC Narasaraopeta Engineering College (Autonomous), NBA National Board of Accreditation (A+ NAAC Cycle-2), nirf National Institutional Ranking Framework (Ranked 4th Private Engineering College in A.P.), and a 25th Anniversary Excellence logo (ESTD 1998). The main text reads "Hearty Welcome To Taekwondo Self Defence" with "Chief Guest" in green. A photo of Ms. Paspulla Anitha, a Taekwondo Black Belt Holder, is shown on the left. The date "on 29-10-2022" is centered. On the right, a silhouette of a Taekwondo practitioner is set against a colorful, abstract background. The event is organized by the Women Empowerment Cell.

Convener

Principal

Dr.K.P.Lakshmi, WEC

Date: 29/10/2022

Time: 11.00 A.M.

Report

The Women Empower Cell conducted a programme on Self Defense for the girls to empower them. Dr.M.Sreenivasa Kumar, Principal, NEC, Autonomous delivered the speech on the occasion. He said that Self-defense training is a powerful source of empowerment for women. Women who complete a comprehensive, feminist self-defense class report increased self-confidence, reduced fear, more comfortable interactions with strangers, acquaintances, and intimates, more positive feelings about themselves and their bodies, and a general sense of self-worth and empowerment.

Pasupulla Anitha is the chief guest for the function. She said that Teakwondo is like a protective shield for women in danger, so all the women should empower themselves with the art of Teakwondo.

They motivated the students with their thought provoking words by taking real life incidents against women under distress and made them realize how essential to learn self-defense.

Felicitation to the Chief Guest is followed by Vote of thanks conveyed by Sravani WEC member. The Programme is successfully completed and captured.

Pasupulla Anitha is the chief guest taught a few techniques of Sefe-defense to the girl students.



Principal Dr. M.sreenivasa Kumar is addressing the gathering





Felicitation to the chief Guest P.Anitha



Few Captured Pictures on the Programme:



**INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN ON
25-11-2022**

REPORT

Women Empowerment Cell in association with Sexual Harassment Prevention Cell of Narasaraopeta Engineering College (Autonomous), located in Narasaraopeta District of Andhra Pradesh conducted an awareness program, “Prevention of Sexual Harassment of Women at workplace (Prevention, Prohibition and Redressal) Act, 2013 on “International Day for the Elimination of Violence against Women” on 25-11-2022. Mrs. Kosuri Radhika, Joint Secretary of Narasaraopeta Bar Association was invited as Chief Guest. She is also Mandal legal services Authority Retainer & Legal aid counsel and also legal cell member. All the Faculty members and girl students attended the awareness program. This program is organized in collaboration with Women Empowerment Cell and Internal Quality Assurance Cell.

The Chief Guest Mrs.Kosuri Radhika addressed the gathering. She spoke about POSH Act, 2013 (Prevention, Prohibition and Redressal Act, 2013). She explained how this Act came into force and the history behind it. She explained the use of this Act, particularly for the women at workplace.

She also explained “498A” Domestic Violence Act (DVC 2005). She has given the information regarding LOK Adalat (Mandal Legal Services Authority). She spoke about Nirbhaya Act 2013 Amendment also. Convener of Sexual Harassment Prevention Cell Dr.G.L.N.Jayaprada and Convener of Women Empowerment Cell Dr.K.Ponnari Lakshmi also addressed the gathering on this occasion. Some photographs captured on this occasion are attached to this document.



Chief Guest Mrs.Kosuri Radhika, Joint Secretary of Narasaraopet Bar Association addressing the gathering.



Convenor of the Sexual Harassment Prevention Cell Dr.G.L.N.Jayaprada addressing the gathering



Dr.K.Ponnari Lakshmi, Women Empowerment Convener and Member of Sexual Harassment Prevention Cell, addressing the gathering





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Women Empowerment Cell

Conducted a programme on DATE: 10-12-22

THE IMPORTANCE OF PERSONAL HEALTH AND HYGIENE



Convener

Principal

Dr.K.P.Lakshmi

Date: 10-12-22

Time: 2.10pm -4:30pm

Report

The Women Empower Cell (WEC) of Narasaraopet Engineering College, Autonomous conducted a programme on “**The Importance of Health and Hygiene in Women**” for the Girl students.

Dr.K.Swathi Reddy is invited as the as the Guest Speaker. K Swathi Reddy, who has completed her final year of MBBS and is a house surgeon at Gandhi Institute of Technology And Management (GITAM) Medical College. She became very popular for her Timely assistance and helped a woman deliver a baby aboard a running train in Andhra Pradesh’s Anakapalle district Viskakhapatnam.

She quoted “According to the World Health Organization, around 2 billion people still lack access to proper sanitation facilities. It is said that only 16% of women in India have access to sanitary napkins. When we talk about India, another major hurdle is that 82% of females lack knowledge about a sanitary napkin. Even more so, well-educated women are also unaware of healthy hygiene practices during their periods. Poor menstrual hygiene can pose a major risk and also put women at risk of developing illnesses”

Dr.K.Ponnari Lakshmi the convenor of WEC said that knowing how to maintain good personal hygiene can make it easier to build a routine. A person should have some basic knowledge of dental, body, menstrual and genital hygiene. She further said that the program mainly focuses on creating awareness and guiding women and adolescent girls from rural area about the importance of hygiene for their health.

Our students play a major role in making this program successful and realizing their responsibilities towards society.

Chief Guest felicitation is followed by vote of thanks and the programme ended successfully.



Dr.M.Sreenivasa Kumar, Principal, NEC, Autonomous is addressing the gathering.



Dr.Swathi is giving health and hygiene tips to the students



Dr.K.Ponnari Lakshmi, Convener WEC is addressing the gathering



Felicitation to Chief Guest Dr.Swathi



