## Program Report on Health and Hygiene Awareness Program in Narasaraopeta EngineeringCollege Conducted by Women Empowerment Cell

The Women Empowerment Cell of Narasaraopeta Engineering College conducted a two-hour Health and Hygiene Awareness Program on August 17, 2023, in the NEC Seminar hall. Dr. Gottipati Lakshmi, a resource person from Kadiyala Hospital, emphasized the importance of health and hygiene and openly addressed gynecological problems, thereby demystifying associated stigma for early detection and effective management.

Dr.K.Ponnari Lakshmi, Coordinator of the Women Empowerment Cell, underscored the correlation between healthy women and a healthy society, emphasizing the importance of understanding and addressing women's health issues. Dr. M.Sreenivasa Kumar, Principal of NEC, elaborated on the significance of holistic well-being in an educational institution and promoted maintaining a clean, healthy college environment.

Highlighting the discussion was an interactive quiz competition focused on health and hygiene among girl students, where winners were awarded prizes. The program, advocating personal health responsibility, concluded with a tribute to the chief guest. The event successfully propagated awareness and education about important health issues, significantly contributing to the college's overall health and hygiene.









## REPORT ON WOMEN PROTECTION

On July 22, 2023, Narasaraopeta Engineering College hosted a guest lecture on Women Protection by G.M. Blessina, a panel advocate. The discussion focused on the importance of legal awareness about women protection among girl students. Blessina highlighted legislation measures implemented in India, acknowledging that, despite these, challenges remain due to societal attitudes and norms.

Dr. M.Sreenivasa Kumar, Principal of NEC, emphasized that women protection is a cornerstone of human rights, equality, and social progress. He noted that effective measures must address the root causes of violence against women, promote gender equality, and foster a culture of respect. He stressed the role of the Indian Constitution in guaranteeing women equal rights.

NEC Women Empowerment Cell Coordinator, Dr. K.Ponnari Lakshmi, stated that despite progress, women worldwide still face violence and discrimination. She underlined the role of economic empowerment and education in safeguarding women from exploitation and abuse.

In conclusion, the lecture reiterated that women's protection is an issue for everyone in society, requiring collective efforts to eliminate stereotypes, barriers, and discrimination, ensuring a more equitable and prosperous world.



